



Racism

Age: KS 3

Timing: Approx 35/40 mins

Read the newsitem below:

A 14-year-old Sikh girl has won her fight to wear her religious bangle at her school.

Sarika Singh, from South Wales, was excluded from Aberdare Girls' School in South Wales because she refused to take off the bangle, called a Kara.

*The school argued that the bangle was against their rules.
But Sarika argued it was discrimination and took her fight to the High Court.*

Judges there ruled that she should be allowed to wear the bangle.

Sarika's lawyers said her bangle was as important to her as it was to top cricketer Monty Panesar, who has been seen wearing his Kara.

*Afterwards, Sarika said she was happy with the outcome: "I'm so happy to know that no-one else will go through what me and my family have gone through."
She added: "I just want to say that I am a proud Welsh and Punjabi Sikh girl."*

The Kara is worn by Sikh people to remind them of their religion and to remind them to do good with their hands.

Sarika had gone to another school where she was allowed to wear her Kara, but will return to Aberdare Girls' School in September.

Story from CBBC NEWSROUND

Here are some activities for you to do with your classmates:

1. In a group of 3 or 4 pupils, discuss the following:

- Was the school right or wrong to ban Sarika? Give reasons for your answer.
- Can you think of other stories you have heard in the news or read about where someone has had to fight for the right to wear or do something which is related to their religious/cultural beliefs.
- Look online, or in your local library, and try to find out about 5 other things which people of other faiths feel are important for them to wear or do.

